

Surrey & North West Sussex Area Prescribing Committee (APC)

<b>Policy Statement</b>	Aliskiren
<b>Policy No:</b>	APC 438-2019
<b>Date of Issue</b>	August 2019
<b>Review Date:</b>	August 2022 <i>(Unless new published evidence becomes available before this date OR there is new published national guidance e.g. NICE)</i>
<p><b>Recommendations:</b> The Area Prescribing Committee does not recommend the use of aliskiren.</p> <p>Aliskiren will be considered BLACK on the traffic light system. Prescribers should:</p> <ul style="list-style-type: none"> <li>• NOT initiate aliskiren for any new patient AND</li> <li>• Change patients taking aliskiren to an alternative antihypertensive in line with NICE CG127 on the diagnosis and management of hypertension in adults noting that it is important that blood pressure is monitored closely and to consider treatments that may not have previously been used OR</li> </ul> <p>Patients should be referred into a specialist for consideration of de-prescribing if appropriate</p>	
<p><b>Key Considerations:</b></p> <ul style="list-style-type: none"> <li>• NHS England guidance 'Items which should not routinely be prescribed in primary care: Guidance for CCGs' Version 2, June 2019 <a href="https://www.england.nhs.uk/wp-content/uploads/2017/11/items-which-should-not-be-routinely-prescribed-in-pc-ccg-guidance-v2.pdf">https://www.england.nhs.uk/wp-content/uploads/2017/11/items-which-should-not-be-routinely-prescribed-in-pc-ccg-guidance-v2.pdf</a></li> <li>• NICE state there is insufficient evidence of its effectiveness to determine its suitability for use in resistant hypertension. Whilst aliskiren has shown comparable efficacy to other antihypertensive agents in terms of blood pressure reduction, its effects on mortality and long-term morbidity are currently unknown. <a href="https://www.nice.org.uk/guidance/cg127/evidence">https://www.nice.org.uk/guidance/cg127/evidence</a></li> </ul>	
<b>Date taken to Area Prescribing Committee</b>	7 <sup>th</sup> August 2019
<b>Agreed by APC members</b>	27 <sup>th</sup> August 2019

Surrey (East Surrey CCG, Guildford & Waverley CCG, North West Surrey CCG, Surrey Downs CCG & Surrey Heath CCG), Crawley CCG and Horsham & Mid-Sussex CCG